

# Maximizing Class Activities to Effectively Suit Teenagers' Learning Styles

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## Your learning styles

Visual	Auditory	Read/Write	Kinesthetic
> Most <b>A</b> answers > Seeing	> Most <b>B</b> answers > Hearing	> Most <b>C</b> answers > Reading/ Writing	> Most <b>D</b> answers > Doing



**The VARK Model**  
by Neil D. Fleming

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## Visual learners

Learn best through what they see

- o Photos, pictures, videos, posters
- o Mind-maps, maps, charts, symbols
- o Bright colors
- o Creating their own pictures or diagrams to convey their own thoughts

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## Auditory learners

**Learn best while they are intently listening**

- Face-to-face discussions and debates
- Lectures, radios, recordings
- Music
- Enjoying giving oral presentations

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## Read/Write learners

**Learn best with information presented in a textual layout.**

- Reading texts
- Dictionaries, booklets, leaflets, manuals, essays, articles, blogs, etc.
- Quiet studying places
- Studying alone to avoid distractions
- Taking detailed notes

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## Kinesthetic learners

**Learn best when they are physically active or involved in active participation.**

- Experiments
- Hands-on activities
- Real-life examples
- Taking notes
- Playing sports

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## PREDOMINANT learning style



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## WHICH activities? for WHOM?

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### 1 VISUAL LEARNERS

#### Teacher should

- use flash cards, pictures, photos
- show videos
- make use of mind-maps, charts, symbols
- associate meanings with pictures or symbols
- have students express their thoughts with pictures or graphs
- use colored markers/ highlighters

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**2 AUDITORY LEARNERS**

**Teacher should**

- o have oral repetition activities
- o play audio or video tapes
- o use songs
- o have students debate or discuss with friends/ teachers
- o let students give oral presentations
- o get students retell stories

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**3 READ/WRITE LEARNERS**

**Teacher should**

- o have students read the text silently
- o let the students take notes
- o create some silence for the students to work
- o present ideas in bulleted notes

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**4 KINESTHETIC LEARNERS**

**Teacher should**

- o use TPR activities
- o have competitive games
- o use experiments
- o get the students involved in hands-on/ real life activities
- o have role-plays
- o use examples when presenting ideas/ facts

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# Adapting activities to suit your students' learning styles

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## Principle 1 Know your students' learning styles

- Observations
- Talks
- Interviews
- Questionnaires



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## Principle 2 Adapt suitable activities for the learning styles

- Aims of the activities
- Targeted learning styles



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### **Principle 3**

## **One activity for different learning styles**

- Most common learning style
- Less common learning styles

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### **Principle 4**

## **Varied activities for different learning styles**

- Focusing on different learning styles
- Balance of focused learning styles

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